

INDIVIDUAL FAMILY SERVICE PLAN (IFSP)

What is it?

The Individual Family Service Plan (IFSP), is a plan of action for your child, family and other team members, based on your child's and family's strengths and needs. This written plan outlines your priorities, types and sources of support, and the work plan for all team members.

How do we do it?

Your Resource Teacher will help you identify who your team members are, i.e. Physiotherapist, Speech Pathologist, Neighbour, Grandparent, etc. The Resource Teacher will then assist you in setting up a meeting (Planning Meeting) with all your team members so that a work plan (IFSP) for your child and family can be developed.

What does it include?

On your IFSP, you will identify your child's strengths and needs, your family's strengths and needs, and what outcomes (goals) you want for your child and family. You will also identify how you and your team members will achieve the identified outcomes.

Is this a long and complicated process?

For some families the IFSP process will be completed in one visit, and only involve the parents and Resource Teacher. For others, it may take two or three visits and involve many team members.

Once my IFSP is completed, what happens?

Your IFSP is an important plan for your child and family. It is important to review it regularly to make sure that:

Everyone is following the work plan,

The outcomes (goals) are still the ones you want for you child and family,

The outcome is still needed but the method of achieving may need to change,

If outcomes (goals) have been achieved, new ones can be added.