NOVEMBER 2019

SIMCOE COUNTY
EARLY INTERVENTION
SERVICES

Simcoe County Early
Intervention Services

PARENT GUIDE

Supported by the

COUNTY OF SIMCOE

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AN OVERVIEW

The Simcoe County Early Intervention Services system provides young children with special needs and their families with a wide range of services and supports to help them develop to their fullest potential.

OUR CHILDREN AND FAMILIES

We support the early identification and treatment of infants and young children with special needs, or those who may be at risk of experiencing barriers to development, up to school entry, who live in Simcoe County.

Contact us if you have concerns about your child's:

- Feeding and nutrition
- Ability to learn
- Hearing
- Mobility and movement
- Speech/language/communication
- Attention
- Vision
- Behaviour/social/emotional interaction
- Play

OUR SERVICES

Your child and family have access to a comprehensive system of services and supports, including:

- Screening and assessment
- A range of therapy services
- Education
- Specialized clinical services
- Autism specific services
- Family support and counselling
- Behaviour management
- Psychological services
- Respite
- Child Care Fee Subsidy
- Support for transition to school
- Service Coordination

- Services are free and funded through the County of Simcoe, Ministry of Education, Ministry of Children, Community and Social Services, Ministry of Health and Long-Term Care.
- French Language services are available
- Practices may be adapted to meet the needs of Indigenous families.

OUR SERVICE PROVIDERS

Services are provided by Infant and Child Development Workers, Resource Consultants, Therapists, Clinicians, Physicians and other professionals from local hospitals, rehabilitation providers, and community and social service agencies who work with children with special needs, including:

- Centre for Behaviour Health Sciences, Mackenzie Health
- Children's Treatment Network
- CLH Developmental Support Services
- E3 Community Services
- Empower Simcoe
- Kerry's Place Autism Services
- Kinark Child and Family Services
- New Path Youth and Family Services
- North Simcoe Local Health Integration Network Network-Home and Community Care
- Orillia Soldiers' Memorial Hospital
- Royal Victoria Regional Health Centre
- Simcoe Muskoka District Health Unit

HOW WE WORK TOGETHER WITH YOU - A FAMILY CENTRED, TEAM APPROACH

We work in close partnership with you and your family to assess and respond to concerns about your child's development. Our goal is to work as a team to create an Individual Family Service Plan (IFSP) - or if your child has multiple special needs, a Single Plan of Care (SPOC) – that best meets your child's unique needs.

WHAT IS A FAMILY SERVICE PLAN?

The Family Service Plan is an action plan focused on your family visions, goals and priorities for your child and family. Through this plan, professionals work together with you to help your child progress through their preschool years and make a smooth and successful transition to school.

Your FSP (IFSP or Coordinated Service Plan) is reviewed as your child develops and is adjusted when new goals or strategies are needed or your circumstances change. Our commitment is to give you all the information you need to make decisions about your child's care and be an active member of your team. Your plan outlines your goals and describes how the various service providers will work with you and your child to achieve them. It notes where services will be delivered-at home, in preschool or in another early learning setting.

Some services may be "hands-on", some more consultative aimed at training and support (and supporting) you and others who see your child regularly to work on specific tasks and activities.

The creation of the plan is a collaborative process and we strive for parents and caregivers to:

- be an active member of your child's team
- participate in developing meaningful goals and activities for your child and family
- be informed and asked for consent to share your personal information with your team
- be an active participant in your child's plan and service delivery

CONFIDENTIALITY – WHO WILL SEE INFORMATION ABOUT MY CHILD AND FAMILY?

All information is held in strictest confidence and is shared with members of the team, supporting your child and family only if you give consent.

Anyone you consider to be part of your support team can be included, such as physicians, child care professionals, therapists, or other family members if your child has multiple service providers to support his/her special needs. Different professionals working with your child and family will document and share information using the Shared Electronic Record, provided by Children's Treatment Network. This shared record allows the team to coordinate service and monitor your child's progress. This will reduce the need for you to tell your child's story over and over again and allows your team, to build on past progress and experience.

The electronic record will support you and your child beyond preschool years through to transition to adult services. A staff member will review the privacy and consent package and assist you to complete Network Consent.

OUR SERVICES AND PROGRAMS

OUR SERVICES AND AGENCIES/PROVIDERS-AT A GLANCE

The following service agencies and providers serve children and families in Simcoe County

Simcoe County Infant and Child Development Program, Empower Simcoe
(705) 726-9082 Ext.2281 I empowersimcoe.ca

Simcoe County Resource Consultation Services, CLH Developmental Support Services
Inquiry Line 1-888-399-8394 I clhmidland.on.ca

Autism Specific Services

Centre for Behaviour Health Sciences, Mackenzie Health 705-728-9143 I mackenziehealth.ca

Kerry's Place Autism Services (Autism Consultation) 905-713-6809 I kerrysplace.org

Ontario Autism Program children.gov.on.ca/htdocs/english/specialneeds/autism/ontario-autism-program.aspx

Behaviour Management

Centre for Behaviour Health Sciences, Mackenzie Health 705-728-9143 I mackenziehealth.ca

County of Simcoe

Ontario Works 705-722-3132 Ext.1 I simcoe.ca

Child Care Fee Subsidy 705-722-3132 Ext.2 I simcoe.ca

Social Housing 705-722-3132 Ext. 3 I simcoe.ca

Early Years Mental Health

New Path Youth and Family Services (Intake) 705-725-7656 or 1-866-566-7656 I newpath.ca

Kinark Child and Family Services 1-888-454-6275 I kinark.on.ca

La Clé d'la Baie en Huronie (French) 705-725-9755 I lacle.ca

EarlyON Child and Family Centres

Empower Simcoe 705-792-7878 I empowersimcoe.ca

E3 Community Services 705-446-0816 I e3.ca

Simcoe North EarlyON 705-526-2456 I earlyonsimcoenorth.ca

La Clé 705-725-9755 I lacle.ca

Feeding Services

Children's Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979 I rvh.on.ca

Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-325-2201 ext.6753 I osmh.on.ca

Children's Treatment Network 1-866-377-0286 I ctnsy.ca

Fetal Alcohol Spectrum Disorder (FASD) Initiative - *a range of professionals throughout Simcoe County*

Catulpa Community Support Services 705-733-3227 Ext. 2515 I catulpa.on.ca

Children's Treatment Network 1-866-377-0286 I ctnsy.ca

Nursing

Barrie, Collingwood, Midland, Orillia area- NSM LHIN Home and Community Care 705-721-8010

Alliston, Bradford area-Central LHIN 1-888-470-2222

Occupational Therapy

Children's Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979 | rvh.on.ca

Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-325-2201 ext.6753 | osmh.on.ca

Children's Treatment Network 1-866-377-0286 | ctnsy.ca

Physiotherapy

Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-325-2201 ext.6753 | osmh.on.ca

Children's Treatment Network 1-866-377-0286 | ctnsy.ca

Psychological Assessment

Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-325-2201ext.6753 | osmh.on.ca

Respite Care

Orillia, Midland, Collingwood, Alliston area: Catulpa Community Services 705-733-3227 Ext.2235 | catulpa.on.ca

Barrie, Bradford area: Empower Simcoe 705-726-9082 Ext.2259 | empowersimcoe.ca

Speech and Language Program (Preschool)

Children's Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979 | rvh.on.ca

Blind Low Vision Early Intervention Program

Children's Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979 | rvh.on.ca

Infant Hearing Program

Children's Development Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979 | rvh.on.ca

Social Work

Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-325-2201 ext.6753 | osmh.on.ca

Specialty Services

- Augmentative & Alternative Communication
- Developmental Assessment
- Feeding Clinic
- Spasticity Management and Orthotic Services
- Recreation and Leisure
- Seating and Mobility

Children's Treatment Network of Simcoe York 1-866-377-0286 | ctnsy.ca

SERVICE DEFINITIONS

Simcoe County Infant and Child Development Program: Infant and Child Development Workers who are specialists in infant and child development and early years mental health provide in-home services to families with children birth to school entry who have a developmental disability and/or risk of developmental delay.

Simcoe County Resource Consultation Service: Resource Consultants assist children from 0 to school entry who attend licensed Early Learning environments and whose parents are concerned about their child's physical, social, emotional or communication development. Resource Consultants support the licensed child care system including before and after school programs. These specialists in early learning and child development help your child meet developmental milestones and build a solid foundation for success.

Autism Consultation: Autism Consultants have in-depth knowledge of the challenges facing families and children diagnosed with Autism Spectrum Disorders. They are also an expert source of information and can help families link to the various services and supports available. An Autism Consultant can meet with your child and family to help you identify and connect with programs, services, educational workshops and parent supports that are best suited to your individual needs. They can also advise on strategies and work with you and your child to develop new skills that help you deal with specific situations and challenges.

Centre for Behaviour Health Sciences-Behaviour Health Management Services: Mackenzie Health's Centre for Behaviour Health Sciences provides care for individuals living in York Region or Simcoe County who have a developmental disability with a significant cognitive delay, autism or are living with the effects of an acquired brain injury. Services are offered within the community to individuals living in York Region or Simcoe County.

Service is determined by evaluation of needs and may be provided through individual and/or group support. Behaviour intervention is provided to children and adults through a comprehensive assessment followed by positive-based teaching and programming. A full range of challenging needs are addressed and include general management issues, aggression, self-injury, skill promotion, and social problem solving.

Blind Low Vision Early Intervention Program: Supports infants and preschool children who are blind or who have low vision as diagnosed by an Ophthalmologist. The purpose of the program is to ensure that young children who are blind or have low vision and their families will have access to the services necessary to support their child's healthy development in all areas.

Coordinated Service Planning

The goal of Coordinated Service Planning (CSP) is to support children/youth with multiple and/or complex special needs and their families by providing a dedicated Service Planning Coordinator. The Service Planning Coordinator directs clients to the correct services and support as early as possible and monitors their needs and progress through a single Family Service Plan.

CSP should be considered for children and families who:

- Have multiple and/or complex special needs
- Have complex family and living situations
- Require support through challenging times (transitions, new diagnosis, new to the area, financial instability, etc.)
- Require assistance coordinating numerous service providers with multiple recommendations and goals.

What you need to do to obtain this service:

- Referrals can be made by parents, physicians or any service provider to the Children's Treatment Network's Access department (1-866-277-0286).
- CTN Service Navigators will conduct a telephone interview to determine if this service is appropriate and to learn about a family's strengths and goals.

Where this service is provided?

- Services are located in your local community and can be provided in a variety of settings.

Who provides this service?

- Children's Treatment Network (CTN) is the lead agency for Coordinated Service Planning. CTN contracts with Empower Simcoe and Catulpa Community Support Services to provide the CSP service.

SERVICE DEFINITIONS

Feeding Services: Feeding services are provided to support children with feeding difficulties and their families. Services include assessment and treatment recommendations, and may be provided by one or multiple team members including a Speech Language Pathologist, Occupational Therapist and/or Dietitian.

Fetal Alcohol Spectrum Disorder Initiative: The Fetal Alcohol Spectrum Disorder Initiative works to increase prevention, screening, diagnosis and support of Fetal Alcohol Spectrum Disorder within the community and among service providers and families.

Simcoe Muskoka Parry Sound Infant Hearing Program: Provides a range of services to infants and preschool children including Universal Newborn Hearing Screening for all infants born in the region; specialized Infant Audiological Assessment services for babies requiring follow-up based on newborn screening results; monitoring of high-risk infants for progressive hearing loss; on-going Audiology and Communication Development Services for infants and preschool children diagnosed with Permanent Childhood Hearing Impairment; Family Support to provide assistance with issues related to the child's hearing loss.

Nursing: For infants and children with complex medical needs who require nursing to live at home and reach their optimal level of health and independence. Nurses assist your family with caring for your child at home by assessing medical status, linking with Physicians and teaching your family specific care routines.

Occupational Therapy: Looks at how a child plays, explores, learns and interacts. Occupational Therapists help a child and their family develop the skills needed to successfully participate in their day-to-day activities at home and in the community.

Physiotherapy: Looks at your child's motor development (sitting, crawling, walking and jumping) as well as the quality of their movements during play. A Physiotherapist works with your child and family to teach new skills that may be needed to improve your child's movement.

Preschool Speech and Language Program: Speech-Language Pathology looks at how a child plays, communicates and interacts within daily routines and activities at hone and in the community. The program helps your child and their family develop the skills needed to promote play, communication, social skills and emergent literacy.

Psychological Assessment: Assessment and diagnosis for children-up to school entry or age five (5) with developmental challenges. Children are referred to psychological services due to concerns with the child's cognitive development (thinking and learning). Concerns in other developmental area including behaviour, social (interacting with others), attention and/or emotional (feelings) may also be explored.

Respite Care: A family support service that provides funding for temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Respite care can be arranged in your family's home, in your care provider's home, or in a community setting.

Social Work: The role of the Social Worker is to provide short-term counselling for parents of children with special needs who are having trouble coping with their situation. Their gal is to promote and support the well being of you and your family.

Specialty Services

Augmentative and Alternative Communication: Supports children who are unable to communicate effectively through speech. The use of gestures, pictures, letters and words, communication boards or books and special devices and computer programs may be used to support communication.

Developmental Assessment: Assessments and consultations for children with complex physical, developmental and behavioural issues who need to obtain a diagnosis and/or need short-term medical management for their condition.

Feeding Clinic: Assessment and treatment for children with significant feeding and swallowing difficulties that result in poor growth and nutrition.

Recreation and Leisure: The goal of Recreation and Leisure is to work with various services and families to support the availability of appropriate recreation and leisure activities so children of all abilities can participate fully.

Spasticity Management and Orthotic Services: Treatment and orthotic devices for children with Cerebral Palsy and other medical conditions that affect the functioning of their muscles and joints.

Seating and Mobility: Services for children with long-term physical disabilities include the assessment and prescription of seating devices, wheelchairs and other mobility devices like walkers and standers, to provide comfort and to maximize your child's activity and participation levels at hone, preschool and at play.

SIMCOE COUNTY INFANT AND CHILD DEVELOPMENT PROGRAM

The Simcoe County Infant and Child Development Program provides in-home services to families with children birth to school entry who have a developmental disability and/or risk of developmental delay.

If you are concerned about any area of your child's development, an Infant and Child Development Worker will come to your home and talk with you about your family's concerns. As specialists in infant and child development and early year's mental health, they will work closely with you to:

- Identify your child's and family's needs
- Help you develop a Family Service Plan that is focused on your goals and includes specific activities that address your child's developmental needs
- Refer you to any assessments, specialized therapy services or programs that you may need from across the Early Intervention Service system
- Provide service coordination needed so that there is a team approach to your child's care
- Help you access funding or special subsidies that may be available
- Connect you with local parent support groups and parent education opportunities
- Connect you with community programs that offer services for families with young children
- Support with transition to school

What you need to obtain this service:

Families are encouraged to contact the Simcoe County Infant and Child Development Program directly:

Empower Simcoe - Barrie Main Office 705-726-9082 ext. 2281

- Satellite offices are located across Simcoe County. Services are available in English and French.
- This program is funded by the Ministry of Children, Community and Social Services (MCCSS).

SIMCOE COUNTY RESOURCE CONSULTATION SERVICES

CLH Developmental Support Services supports families who are concerned about their child's physical, social, emotional or communication development. Through the Simcoe County Resource Consultation Services, supports are offered to Early Learning programs (child care, nursery school, EarlyON Child and Family Centres) or in collaboration through other community based programs (before and after school programs) in both official languages. This program is funded through the County of Simcoe and services are provided free of charge. The goal is to help each child meet developmental milestones and build a solid foundation for success. Children with developmental support needs and who attend a licenced child care program up to school entry are eligible for this service. Services are offered County wide with office locations in Midland, Barrie, Orillia, Collingwood, Bradford and Alliston.

Resource Consultants will work closely with you and your licensed child care provider to:

- Identify your child's needs
- Help you develop an Individual Family Service Plan that is focused on your goals and includes specific activities that address your child's developmental needs
- Help you link and connect to the therapies, services and supports you need from across the Early Intervention service system
- Coordinate efforts with all of the service providers supporting your child so that there is a team approach to your child's care
- Help you access any available funding or special subsidies
- Create detailed actions plans for your child's successful transition to school

What you need to do to obtain this service:

Parents can call 1-888-399-8394

Where this service is provided:

Services can be delivered in a range of settings and locations including:

- Your child's early learning environment (child care, nursery school, EarlyON Child and Family Centre)
- Resource Consultation Services office locations

You should consider this service if you, your doctor, child care provider or a family member has expressed concern about your child's development in any of these areas:

- Ability to learn
- Attention
- Behavioural/Social/Emotional interaction
- Feeding and Nutrition
- Hearing
- Speech and communication
- Mobility and movement
- Play
- Vision

CLH Developmental Support Services has offices across Simcoe County

Simcoe County Resource Consultation Services Office Locations are:

- Bradford 107 Holland St. E. Unit 301
- Alliston 56 Victoria St. E.
- Barrie 80 Bradford St. Suite 100
- Orillia 169 Front St. S.
- Collingwood 250A Peel St.
- Midland 230 Aberdeen Blvd.

AUTISM CONSULTATION

Autism Consultants have in-depth knowledge of the challenges facing families and children diagnosed with Autism Spectrum Disorders. They are also an expert source of information and can help families link to the various services and supports available.

An Autism Consultant can meet with your child and family to help you identify and connect with programs, services, educational workshops and parent supports that are best suited to your individual needs. They can also advise on strategies and work with you and your child to develop new skills that help you deal with specific situations and challenges.

This service could be considered by families who:

- Have a child diagnosed with an Autism Spectrum Disorder: Autism
- Would like support to understand and navigate through the various Autism resources
- Would like support to develop and implement strategies to work with their child

What you need to do to obtain this service:

- Families can call Kerry's Place Autism Services directly to access this service at 905-713-6808 ext.350 or a member of your Early Intervention team can assist you
- You will need written confirmation of your child's Autism Spectrum Disorder diagnosis

Where this service is provided:

An Autism Consultant can meet with your child and family in a range of settings and locations including:

- Midland, Barrie, Collingwood, Orillia and Alliston areas: Children's Treatment Network Local sites in Simcoe. For locations, visit ctn-simcoeyork.ca
- Bradford area: Kerry's Place, Aurora
- At a pre-determined site in your community, often called a "Family Resource Day"

Starting April 1, 2019, through the Ontario Autism Program, families of children with autism will be provided with timely access to Childhood budgets so they can purchase the services they value most from the providers of their choice. This will support children to achieve their goals at home, at school, in the community and as they transition into adulthood. For more information and updates, visit children.gov.on.ca/htdocs/English/specialneeds/autism/ontario-autism-program.aspx

BEHAVIOUR MANAGEMENT SERVICES

This program provides a range of behavioural services to children who have a developmental disability with a significant cognitive delay and their families.

Services include:

- Evaluation of needs
- Treatment recommendations and implementation training
- Teaching and education for care providers.

Services are determined following an evaluation of your child's and family's needs and can be provided on an individual basis or as part of group supports. Behaviour Intervention is provided through a comprehensive assessment process followed by positive-based teaching and programming.

Full ranges of challenging behavioural needs are addressed and include, but are not limited to:

- General management of challenging behaviour
- Self-injurious behaviour
- Aggression
- Skill promotion

What you need to do to obtain this service:

- Parents can call Centre for Behaviour Health Sciences directly for a referral package (see section Who Provides this Service? below or you can speak to a member of your Early Intervention team for assistance)
- An intake meeting will be scheduled with you as soon as the written referral package is completed and returned

Who provides this service?

- Centre for Behaviour Health Sciences, Mackenzie Health at 705-728-9143

Where this service is provided:

Services can be provided in a wide range of settings in order to best meet your needs including:

- Your home
- Your child's early learning environment
- Alternative living environment (group home)
- Centre for Behaviour Health Sciences when appropriate

BLIND LOW VISION EARLY INTERVENTION PROGRAM

Nearly 85% of a child's early learning occurs through vision. Children who are born with or who acquire blindness or low vision are at greater risk for developmental delays and communicative disorders. Our Blind-Low Vision Early Intervention Program (BLVEIP) is designed to give children ages 0-6 years, who have visual impairments, the best possible start in life.

This program offers education, resources and support for families through consultation and direct services. Services are provided by an Early Childhood Vision Consultant (ECVC). An ECVC is specifically trained in blindness and low vision and its impact on child development. Services are located in your local community and can be provided in a variety of settings including your family home.

Family Support services are provided by a Family Support Worker who offers assistance with issues related to the child's vision loss.

A diagnosed visual impairment, typically by an Ophthalmologist, is required for a referral to Blind-Low Vision Early Intervention program. However, support may be provided to families waiting for a diagnosis.

If you have concerns, speak to a member of your Early Intervention team or call Royal Victoria Regional Health Centre's Children's Development Services directly at 705-739-5696 or 1-800-675-1979.

Family physicians, optometrists and ophthalmologists may also refer to this program.

FEEDING ASSESSMENT AND CONSULTATION SERVICES

Feeding services are provided to support children with feeding difficulties and their families. Services include assessment and treatment recommendations, and may be provided by one or multiple team members including a Speech Language Pathologist, Occupational Therapist and/or Dietitian.

Feeding services may be considered if your child:

- Experiences frequent gagging or coughing during eating
- Is having difficulty transitioning to solid foods.
- Accepts only a very limited number of foods.
- Is not growing as expected or has poor nutritional intake.
- Has a medical condition that may affect feeding, growth or nutrition.
- Has suspected aspiration due to history of recurrent pneumonia or chest infections
- Has difficulties meeting nutritional needs, and is younger than 12 months of age

Services are provided in a number of ways, based on a child's individual needs. Some services require a physician referral. Speak to your physician or a member of your Early Intervention team if you have concerns regarding your child's feeding. If you do not have an Early Intervention Provider or physician, contact the Children's Treatment Network at 1-866-377-0286 for assistance.

Depending on the needs of the child, services may be offered in a variety of locations including:

- Your home
- Royal Victoria Regional Health Centre
- Children's Therapy Services, Orillia Soldier's Memorial Hospital
- Your local early intervention site/Children's Treatment Network local team site

Services are provided by a number of service providers in conjunction with the Children's Treatment Network including:

- Children's Development Services, Royal Victoria Regional Health Center at 705-739-5696 or 1-800-675-1979
- Children's Therapy Services, Orillia Soldiers' Memorial Hospital at 705-325-2201 ext.6753

Note: This is not an emergency service. You should see your Physician or your local hospital emergency department if you feel your child's life is a risk.

FETAL ALCOHOL SPECTRUM DISORDER INITIATIVES

Key Services and Support Coordination is a new service available for families of children and youth with a diagnosis or suspected diagnosis of Fetal Alcohol Spectrum Disorder (FASD) in Simcoe County. FASD Key Services and Support Workers provide services to families of children and youth up to the age of 18 (or school exit).

The Key Services and Support Workers have an expertise in FASD and will assist families to access information and resources. They educate children, youth and families to gain a better understanding of FASD and how it may impact the individual's abilities and assist families to implement strategies in the home and other environments.

Key Services and Support Workers will work with families and teams to build an integrated and coordinated service plan.

This service may be helpful if you:

- Require education, information and resources for your child with (suspected) FASD
- Desire an integrated family service plan, based on your family's strengths, needs and goals

Where this service is provided:

- Services are provided throughout local communities in a variety of settings that may include home, school, recreation and leisure activities.

What you need to do to obtain this service:

- Parents and professionals may call a Services Navigator at the Children's Treatment Network (CTN) ACCESS: 1-866-377-0286 for more information and/or referral to Key Services and Support
- Catulpa Community Support Services hire the Key Services and Support Workers in Simcoe County.

Fetal Alcohol Spectrum Disorder (FASD) Initiative

The FASD Initiative of Simcoe County is a capacity development project that works with a range of organizations and service providers throughout Simcoe County who support children, youth and adults affected with FASD and their families. Functions of the initiative include:

- Supporting the collaboration and coordination of FASD related initiatives and identify where gaps exist
- Advocating for FASD related initiatives within community services
- Championing the needs of those affected by FASD
- Supporting associated FASD initiatives and advising on decisions brought forward by FASD groups

For more information about the Initiative please connect with the Project Coordinator at 1-877-803-3227 ext. 3106.

SIMCOE MUSKOKA PARRY SOUND INFANT HEARING PROGRAMS

Children identified with a permanent hearing loss (PHL) are supported by the Simcoe Muskoka Parry Sound Infant Hearing Program (SMPIHP) so they may develop language, either spoken or signed language, to the best of their ability by the time they enter school. Spoken language services are provided through the Simcoe County Preschool Speech and Language Program and Signed Language services are provided through Silent Voice Canada both of which are coordinated by the SMPIHP. Services are located in your local community and can be provided in a variety of settings including your family home.

This program also offers:

- Universal Newborn Hearing screening for all infants either in their birth hospital or at a screening clinic in their community
- Specialized Infant Audiological Assessments for babies requiring follow-up based on their newborn screening results will be completed at a clinic in their community
- Audiology services which are provided at the Royal Victoria Regional Health Centre
- Monitoring of high risk infants for progressive hearing loss
- Family Support services are provided by a Family Support Worker who offers assistance with issues related to the child's PHL. Family Support Worker services can be provided at the Royal Victoria Regional Health Centre or at the child's home as appropriate

Most children will enter the program directly through the universal Infant Hearing Screening process completed at the time of their birth. Infants and preschoolers past the newborn screening age with newly identified risk factors for/or confirmed permanent hearing loss may be referred by their Physician or diagnosing Audiologist. Speak to your Physician or Audiologist to obtain a referral for services.

NURSING

North Simcoe Muskoka Local Health Integration Network-Children's Services

The North Simcoe Muskoka Local Health Integration Network (NSM LHIN) Care Coordinator assesses the needs of the child and family, and eligibility for services, in order to develop a coordinated service plan of care that includes service, navigation, and referral to other community services and resources.

The NSM LHIN Care Coordinator assesses the level of care needed for in-home visiting nursing and/or shift nursing for eligible children. The NSM LHIN Coordinator also provides needs assessment for preschool Occupational Therapy, Physiotherapy, Social Worker, Dietician, and Respiratory Therapy services to eligible Medically Complex Children. In schools, the NSM LHIN Care Coordinator provides nursing for eligible children who require specific medical interventions during the school day, such as diabetes management and G tube feeds.

For any questions, or for children attending private and/or homeschool, please contact the North Simcoe Muskoka Local Health Integration Network at 705 721-8010 ext 6006. Link to North Simcoe Muskoka Local Health Integration Network Home and Community Care website: **http://healthcareathome.ca/nsm/en**

OCCUPATIONAL THERAPY

Occupational Therapy (OT) looks at how a child plays, explores, learns, and interacts in order to successfully participate in their day-to-day activities. An Occupational Therapist helps a child and his/her family develop the skills needed so that activities are easier at home and in the community. As part of your child and family team, an Occupational Therapist will help to develop strategies that can be easily included in your daily routine.

Occupational Therapy Services could be considered if your child has difficulties in any of the following areas:

- **Play**: The ability to play appropriately with toys and with others.
- **Self-Care**: The ability to dress, feed and manage toileting.
- **Motor**: The ability to use their hands and body to participate in activities such as cutting and drawing.
- **Self-Regulation**: The ability to be calm and alert in order to focus on activities and manage emotions appropriately.

If you have concerns about your child's ability to participate in their everyday activities speak to a member of your Early Intervention team or call the nearest agency providing this service directly.

Services are located in your local community and can be provided in a variety of settings.

Barrie, Bradford, Innisfil OT services are provided by Children's Development Services, Royal Victoria Regional Health Centre, 705-739-5696 or 1-800-675-1979

Alliston, Angus, Borden, Collingwood, Midland, Orillia OT services are provided by Children's Therapy Services, Orillia Soldiers' Memorial Hospital, 705-325-2201 ext.6753

PHYSIOTHERAPY

Physiotherapy (PT) looks at your child's motor development (sitting, crawling, walking and jumping) as well as the quality of their movements during play. A Physiotherapist works with your child and family to tach new skills that may be needed to improve your child's movement. This could include exercises, programs and/or specialized equipment that will help improve your child's posture or mobility; at home and at play.

Physiotherapy services could be considered if your child has difficulties in any of the following areas:

- Slow at reaching typical motor milestones
- Unusual movement patterns or unusual walking patters
- Unusual tightness or loose muscles
- Difficulties with balance and co-ordination

What you need to do to obtain this service:

- Parents can call the agency providing this service directly (see section "Who provides this service" below) or speak to a member of your Early Intervention team for assistance.

Where this service is provided:

Services are located in your local community and can be provided in a variety of settings including:

- Your home
- Children's Therapy Services, Orillia Soldiers' Memorial Hospital
- Your child's early learning environment (Child Care, Preschool or EarlyON Child and Family Centre
- Children's Treatment Network Local Sites in Simcoe. For locations, visit ctnsy.ca

Who provides this service?

- Children's Therapy Services, Orillia Soldiers Memorial Hospital, 705-325-2201 ext.6753

PRESCHOOL SPEECH AND LANGUAGE PROGRAM

Speech-Language Pathology looks at how a child plays, communicates and interacts within daily routines and activities at home and in the community. A Communicative Disorders Assistant (CDA) works under the supervision of a Speech- Language Pathologist. CDAs provide support based on goals set out by the SLP and the family. As part of your child and family team, Speech-Language Pathologists (SLP) and CDAs help a child and their family develop the strategies and skills needed to promote play, communication, social skills and emergent literacy. Services are located in your local community and can be provided in a variety of settings.

Preschool Speech and Language services could be considered if your child has difficulties in any of the following areas:

- **Play**: The ability to play appropriately with toys and with others
- **Receptive and Expressive Language Skills**: The ability to understand what is said and express yourself with gestures, words and sentences
- **Social Skills**: The ability to interact with others
- **Speech Sound Development**: The ability to produce speech sounds so that they can be understood
- **Feeding**: The ability to manage age-appropriate foods

If you have concerns about your child's speech or language development speak to a member of your Early Intervention team or call Children's Developmental Services, Royal Victoria Regional Health Centre 705-739-5696 or 1-800-675-1979. There are satellite offices located in Alliston, Barrie, Bradford, Collingwood, Midland and Orillia.

PSYCHOLOGICAL ASSESSMENT

This service provides assessment and diagnosis for children up to school entry or age five (5)-with developmental challenges. Children are referred to psychological services due to concerns with the child's cognitive development (thinking and learning). Concerns in other developmental areas including behaviour, social (interacting with others), attention and/or emotional (feelings) may also be explored. The assessment is conducted by a Psychological Associate. It takes from 2 to 3 hours and includes one-on-one observation and work with your child as well as a parent interview/ Basic feedback is provided on the assessment day. A written report that includes results and recommendations is made available to the family as well as to appropriate individuals/agencies on the child and family's team, with parental consent.

You may wish to consider this service if you have concerns related to (but not limited to) the following:

- The pace of your child's development, even if your child is receiving services to support their development
- Behaviours that are affecting your child's ability to participate in age-appropriate activities/programs (i.e. Child Care)
- Your child's ability to interact with others
- A medical diagnosis that may lead to cognitive concerns (i.e.: Downs Syndrome)

Who provides this service?

- Children's Therapy Services, Orillia Soldiers Memorial Hospital, 705-325-2201 ext.6753

Where this service is provided:

Assessments are generally conducted in clinical/therapy settings including:

- Children's Therapy Services, Orillia Soldiers' Memorial Hospital
- Children's Treatment Network Local Sites in Simcoe County. For information visit ctnsy.ca

What you need to do to obtain this service:

Speak to a member of your Early Intervention team. If you do not have an Early Intervention provider, you can contact the following Early Intervention Services for assistance:

- Simcoe County Infant and Child Development Program-Empower Simcoe at 705-726-9802 ext.2281
- Simcoe County Resource Consultation Services at 1-888-399-8394

RESPITE CARE

Respite Services is a family support service that provides services for temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Respite creates greater resources and options for all family members to live actively and participate in community activities and allows parents/guardians time for themselves.

The three main components of Respite Service Programs are; respite funding, connection with local respite providers through supportyourway.ca and other respite options such as residential respite.

- **Funding** can be used to pay for services of a respite provider and can also reimburse fees for registered camps and community recreational programs with registered businesses.
- **Supportyourway.ca** is a provincially driven program that provides a free service to families who have a family member with an intellectual and/or physical disability who are looking to connect with a respite/direct support provider. Community Helpers for Active Participation (CHAP) assist children and adults to be more independent, access their community and provide more opportunities to reach their potential. *CHAP are not employees of the supportyourway.ca CHAP program or of Empower Simcoe or Catulpa Community Support Services. It is the responsibility of the family and the CHAP to determine if they are entering an employer/employee relationship or a contracted service arrangement.*
- **Other respite options/residential respite** – Local Respite Coordinators can provide families with information about other respite options in Simcoe County.

Who may receive this service?

Funding: Children (under 18 years old) diagnosed with an Intellectual Disability and Adults who are deemed eligible and referred through Developmental Services Ontario and are living at home with their parent/guardian.
Other Respite Services: Parents, guardians and caregivers who care for children with intellectual or physical disabilities may contact a Respite Coordinator for resources.

Where this service is provided?

Respite can be arranged to be provided in a variety of settings and locations including:

- Your family home
- The CHAP/Respite Provider's home
- Community settings
- Residential Respite

What you need to do to obtain this service:

Contact your local Respite Coordinator:

Orillia, Midland, Collingwood, Alliston areas:

Catulpa Community Support Services, Children's Respite Coordinator 705-733-3227 ext. 2282

Barrie, Innisfil, Bradford , Angus areas:

Empower Simcoe, Respite Coordinator 705-726-9082 ext. 2259

To be connected with local respite providers:

Go to **www.supportyourway.ca/simcoe** and complete the online registration form. More information about this program and other respite and funding options are offered on the site.

SOCIAL WORK

The role of the Social Worker is to provide short-term counselling for parents of children with special needs who are having trouble coping with their situation. Their goal is to promote and support the well being of you and your family.

NOTE: This is not a crisis intervention service. If you are dealing with issues like family violence, emotional, physical or sexual abuse, substance abuse or severe mental health issues, please call the Mental Health Crisis Line at 1-888-893-8333.

Who provides this service?

- Children's Therapy Services, Orillia Soldiers Memorial Hospital, 705-325-2201 ext.6753

Where this service is provided:

- In your home
- Children's Therapy Services, Orillia Soldiers' Memorial Hospital
- Children's Treatment Network Local sites in Simcoe County. For locations visit ctnsy.ca

You may wish to consider this service if you:

- Are having difficulty coping
- Feel isolated
- Feel overwhelmed
- Have few social supports
- Experience high level od stress
- Feel depressed or anxious

What you need to do to obtain this service:

Speak to a member of your Early Intervention team. If you do not have an Early Intervention provider, you can contact the following Early Intervention Services for assistance:

- Simcoe County Infant and Child Development Program-Empower Simcoe at 705-726-9802 Ext.2281
- Simcoe County Resource Consultation Services at 1-888-399-8394

SPECIALITY SERVICES

AUGMENTATIVE AND ALTERNATIVE COMMUNICATION

Augmentative and Alternative Communication (AAC) services help preschool children who have challenges communicating and would benefit from using augmentative and alternative communication (AAC). Examples of AAC may include the use of pictures, written words, communication boards or books, as well as low and high tech devices. These services are provided by Speech Language Pathologists and Communicative Disorders Assistants who may also consult with Occupational Therapists.

AAC could be considered if your child:

- Does not have enough language to meet all their communication needs.
- Has speech/language that is not understood by most people.

If you think your preschool child could benefit from AAC speak with a member of your child's Speech Language Pathologist, a member of your Early Intervention Team or call Children's Development Services, Royal Victoria Regional Health Centre at 705-739-5696 or 1-800-675-1979.

Depending on the needs of your child, services may be offered in a variety of locations in your local community including your home, your child's early learning environment (childcare, preschool or EarlyON centre) or at your local early intervention or CTN local team site.

Diagnostic Assessment and Medical Consultation

Diagnostic and Medical consultations support children with complex physical, developmental and behavioural issues who need to obtain a diagnosis and/or need short-term medical management for their condition. The team of professionals providing these services may include a Pediatrician or Developmental Pediatrician, and a Speech-Language Pathologist.

Autism Spectrum Disorder Diagnostic Assessments

The Simcoe County Autism Diagnostic Team (SCADT) includes Simcoe County Pediatricians, Speech-Language Pathologists and other Early Intervention Professionals who are involved with the child (i.e. Occupational Therapists, Resource Consultants, Infant and Child Development Professionals). Using information from the child's parents and Early Intervention team, a pediatrician may diagnose a child with ASD at their initial consult. However, if the diagnosis remains unclear, the pediatrician will request an Autism Diagnostic Observation Schedule (ADOS). The ADOS is a play-based, standardized assessment which looks specifically at the features of ASD. It is administered in a community clinic by a Speech-Language Pathologist. After the ADOS, the Pediatrician sees the child in a follow-up appointment to provide a diagnosis, when appropriate.

Children are also seen through the Children's Treatment Network ASD Diagnostic Hub in a hospital or clinic setting for single diagnostic appointment. This one appointment includes a pediatric consult, ADOS and feedback session.

- Neurodevelopmental and Neuroatypical Behavioural Assessments
- Medical consultation and short-term medical management for children with complex medical, developmental, mental health and/or physical concerns is provided at the request of the child's pediatrician.

A diagnostic assessment or medical consultation could be considered if:

- You suspect your child may have Autism Spectrum Disorder
- Members of your Early Intervention team or your Pediatrician have been unable to provide a diagnosis for your child.
- Your child has developmental delays and behavioural concerns or a complex medical condition and your pediatrician would like additional support with your child's medical management.

What you need to do to obtain this service:

- Speak to a member of your Early Intervention team and your Physician. If you do not have a Physician or an Early Intervention Professional, please call Children's Treatment Network at 1-866-377-0286 for more information and assistance
- A Physician referral will be required to access Developmental Assessment services

RECREATION AND LEISURE SERVICES

All children and youth deserve to have fun! Participating in recreation and leisure activities such as adapted sports, community activities and social gatherings are important to your child or youth's physical, emotional, social and cognitive development and overall quality of life.

Occupational therapist, physiotherapists, and local team facilitators work within the community recreational sector to create, facilitate and enhance inclusion and recreation opportunities for children and youth. Programs may be delivered in a variety of locations.

Benefits of Recreation:

- Improve physical health
- Improve mental health
- Improve emotional health
- Helps develop positive sense of self
- Assist with therapy goals (e.g. physical activity, social skills, communication, etc.) in a fun environment!
- Improve social skills
- Increases sense of accomplishment
- Increases independence and life satisfaction

You can refer to your local municipal recreation guide for more details about adapted and accessible programming and support options or visit CTN's recreation webpage at: https://www.ctnsy.ca/Online-Resource-Centre/Camps-and-recreation.aspx

SPASTICITY MANAGEMENT AND ORTHOTIC SERVICES

All children and youth deserve to have fun! Participating in recreation and leisure activities such as adapted sports, community activities and social gatherings are important to your child or youth's physical, emotional, social and cognitive development and overall quality of life.

Occupational therapist, physiotherapists, and local team facilitators work within the community recreational sector to create, facilitate and enhance inclusion and recreation opportunities for children and youth. Programs may be delivered in a variety of locations.

Spasticity Management

The spasticity management service is a multidisciplinary clinic for children and youth (from two to eighteen years old) with spasticity or dystonia. Spasticity refers to a change in muscle tone or muscle stiffness and is often related to cerebral palsy, acquired brain injury and spinal cord injury. The team works with children and families to understand spasticity and how it affects comfort, care, daily activities, and participation. The team may include a Developmental Pediatrician, a Physiotherapist, and an Occupational Therapist. An initial assessment will help determine the most appropriate intervention for your child such as Botox®, Baclofen, serial casting, splinting etc. The service works with local team therapists to ensure monitoring and follow up. This service requires a physician's referral.

Orthotic Services

There are various reasons that orthotics (orthotics, splints, serial casting etc.) are recommended for children. Often, the purpose is to place the foot and ankle in the right position, stabilize a weak joint, prevent contractures, or to help with walking. Working in a multidisciplinary clinic, Physiotherapists and Occupational Therapists will work with local Orthotists to ensure that the most appropriate splint or orthotic device is prescribed.

Who provides these Spasticity Management and Orthotic services?

- Developmental Services, Royal Victoria Regional Health Centre, 705-739-5969 or 1-800-675-1979
- Children's Therapy Services, Orillia Soldiers' Memorial Hospital, 705-705-325-2201 ext.6753
- Children's Treatment Network (Botox® / Baclofen service) 1-866-377-0286

What you need to do to obtain this service:

- Speak to your Physiotherapist, Occupational Therapist or physician. If you do not have a Physiotherapist, Occupational Therapist or Physician, please contact Children's Treatment Network at 1-866-377-0286 for information and assistance
- A Physician referral will be required for spasticity management services

Where this service is provided:

Services are generally delivered in clinical settings including:

Orthotics

- Orthotic offices
- Child Development Services, Orillia Soldiers' Memorial Hospital
- Children's Treatment Network Alliston Local Site
- Southlake Regional Health Centre

Spasticity Management

- The Common Roof, Barrie
- Child Development Services, Orillia Soldiers' Memorial

SEATING AND MOBILITY

Seating and Mobility services are for children with long-term physical disabilities. These services include the assessment and prescription of seating devices, wheelchairs and other mobility devised like walkers and standers to provide comfort and to maximize your child's activity and participation levels at home, in preschool and at play.

Services for the assessment and fitting of specialized equipment are free. However, there are costs associated with the purchase of seating and mobility devices. Most equipment is eligible for subsidized funding through the Assistive Devices Program of the Ministry of Health and Long-Term Care. For more information on this funding support visit: www.health.gov.on.ca/english/public/program/adp/adp_mn.html

Seating and Mobility services could be considered for your child:

- Needs a mobility device to exit your home
- Is unable to be independently mobile
- Needs a device to assist his/her with walking or standing

Where is this service provided?

Your child's mobility needs are assessed in settings where they live and play including:

- Your home
- Your child's early learning environment (child care, preschool, EarlyON Child and Family Centres. For EarlyON child and Family Centre locations, please visit https://www.ontario.ca/page/find-earlyon-child-and-family-centre
- Children's Treatment Network Local Sites in Simcoe County. For locations, visit www.ctn-simcoeyork.ca

What you need to do to obtain this service:

- Speak to your Physiotherapist or Occupational Therapist

If you do not have a Physiotherapist or Occupational Therapist, please contact Children's Treatment Network at 1-866-377-0286 for information and assistance.

Who provides this service?

Barrie, Braford, Innisfil areas: Children's Developmental Services, Royal Victoria Regional Health Centre 705-739-5969 or 1-800-675-1979

Alliston, Angus, Barrie, Borden, Bradford, Collingwood, Innisfil, Midland, Orillia areas: Children's Therapy Services, Orillia Soldiers' Memorial Hospital 705-326-2214

Children's Treatment Network 1-866-377-0286

CHILDREN'S TREATMENT NETWORK - BUILDING BRIGHTER FUTURES TOGETHER

Children's Treatment Network (CTN) supports more than 7,000 families in York Region and Simcoe County by providing specialized clinical and rehabilitation services for children and youth with special needs. In addition to families in York and Simcoe, we have an expanded catchment area through School-Based Rehabilitation Services (Simcoe, York, Central Toronto and Muskoka), serving an additional 12,600 students and as the Central Region Autism Spectrum Disorder (ASD) Diagnostic Hub (Simcoe, York, Dufferin, Halton, Peel, Waterloo and Wellington).

Funded by the Ministry of Children, Community and Social Services, our services are delivered through contracted partner organizations in the education, health and community sectors and enable families to get supports in home, school or the community.

CTN's commitment to providing family-centred care is anchored by an electronic client record that is shared across our partner organizations and provides the foundation for integrated plans of care and services where they need it most: in schools, their homes and the community.

Collectively, we respond to the evolving needs of children and youth with special needs by evolving services, nurturing relationships and strengthening capacities across the network.

CTN funds several Early Intervention programs delivered to families through our partner agencies.

Funded programs include:

- Augmentative Communication
- Brief Resource Support
- Coordinated Service Planning
- Diagnostic and Medical Consultation Services
- Feeding Support
- Key Service and Support Coordination
- Occupational Therapy
- Physiotherapy
- Psychology
- Spasticity Management
- Seating and Mobility
- Service Navigation

For more information on these services, please see the specific pages within this guide or visit www.ctnsy.ca

EARLYON CHILD AND FAMILY CENTRES

Programs for parents and caregivers of children prenatal to six years of age which can assist in their parenting or caregiving role. The centres also provide:

- access to play and inquiry-based learning
- information on child development
- early learning activities
- parent education
- referrals to community resources
- nutrition information
- pre- and post-natal resources
- Stay, Play and Learn

EarlyON Child and Family Centres and satellites are located across Simcoe County

La Clé (francophone)
www.lacle.ca
705-725-9755

E3 Community Services
www.e3.ca
705-446-0816

Empower Simcoe
www.empowersimcoe.ca
705-792-7878

EarlyON Simcoe North
www.earlyonsimcoenorth.ca
705-526-2456

For additional information, please visit the Ministry of Education website at www.edu.gov.on.ca

SUPPORT FOR TRANSITION TO SCHOOL

Once your child enters school, your services and supports will be provided through the services system for school age children. This means you and your child will be working with different service providers. A Resource Consultant with Simcoe County Resource Consultation Services will help you to:

- Make connections to the services you need
- Identify the service providers you will be working with, such as:
  - > school boards
  - > your local school
- Children's Treatment Network
- Develop a transition plan with you and your current Early Intervention Team members
- Meet with you and the school to plan for entry in school, if applicable

For some valuable information about making the transition to school visit:

- Simcoe County District School Board-scdsb.on.ca/schools/kindergarten-registration/
- Simcoe Muskoka Catholic District School Board-smcdsb.on.ca/parents/kindergarten
- Conseil scolaire de district catholique Centre-sud- www.csdccs.edu.on.ca/services/service-a-leleve/
- Conseil scolaire Viamonde www.csviamonde.ca
- Protestant Separate School Board www.pssbp.ca/

Who provides this service?

- Simcoe County Resource Consultation Services-CLH Developmental Support Services 1-888-399-8394

ADDITIONAL RESOURCES AND SUPPORTS FOR FAMILIES

These regional services offer a variety of supports, services and resource to families and children. Speak with your Infant and Child Development Worker or Resource Consultant or contact the agencies below directly for more information. Some services may be available in French.

211

If you require assistance or information, dial 2-1-1 to speak with a trained information specialist. This is a free, 24-hour-a-day, seven day(s)/week, confidential, multi-lingual service providing information on community, social and government services. 2-1-1 www.211ontario.ca

Best Start Initiative in Simcoe County

The Best Start Network of Simcoe County is comprised of more than 30 Early Years agency partners who support the development of an integrated system of services for children and families that is responsive to local community needs.

This system will serve:

- Children through coordination of services that support well-being and optimal success.
- Parents and caregivers through collaboration among providers in the delivery of information, services and resources.

The Best Start Network plans, implements and monitors the Best Start Vision through the promotion of the well-being of children and families by supporting them to reach their full potential. Well-being addresses the importance of physical and mental health and wellness. It incorporates capacities such as self-care, sense of self, and self-regulation skills.

The Best Start Network reinforces that children and families in Simcoe County are well supported by a system of responsive, high quality, accessible and increasingly integrated Early Years programs and services that contribute to healthy child development today and a stringer future tomorrow)Ontario Early Years Framework).

For more information, contact: ccs@simcoe.ca c/o Lora D'Ambrosio, Manager, Early Learning and Child Care.

Borden Family Resource

The Boren Family Resource Centre provides community based family services which support and enhance the quality of life of the Canadian Force Base Borden community www.cafconnection.ca

Simcoe Muskoka District Health Unit

SMDHU works with individuals and families, agencies and communities in Simcoe Muskoka to promote and protect health and to prevent disease and injury. For additional information on raising children, including the growing child, child safety, illness, parent self-care, children's mental health, etc. see the website. Infant Feeding Services, including prenatal and breastfeeding services.

Prenatal Classes:

- FREE in-person and online prenatal classes.

Positive Parenting:

Life with kids can be messy-all families have challenges with parenting at times. Trained Triple P providers work with you to offer new ideas, practical tools and easy to use tips for you family. Whether you have a specific problem or are just looking or advise on common everyday issues from toddler tantrums to teenage rebellion, Triple P can help you build confidence and skills.

- The health unit offers one-on-one parenting counseling with a public health nurse over the phone at Health Connection using Triple P and other parenting supports.
- All parents can benefit from parenting help. Providers from many agencies in the community offer the Triple P. Visit Triple P Positive Parenting Program or call Health Connection to ask about free upcoming Triple P group sessions in Simcoe and Muskoka, Triple P online courses and other parenting supports

For more information, visit www.simcoemuskokahealth.org/HealthUnit/About.aspx

For immediate help with questions about feeding and caring for your baby or other health topics contact:
Health Connection Monday-Friday 8:30a.m – 4:30p.m 1-877-721-7520 Telehealth Ontario 24/7 1-866-797-0000

Healthy Babies Healthy Children

The Healthy Babies Healthy Children (HBHC) program helps children get a healthy start in life.

HBHC is a voluntary program that provides supports and services during pregnancy and to families with children from birth to school entry.

The HBHC program offers universal screening opportunities and home visiting services for families who may benefit from additional support. Public health nurses and family home visitors work together to provide:

- Information, education and resources
- Early identification and support for healthy child growth and development
- Support for positive parenting and parent-child relationships
- Recommendations and referrals to community resources

*Third-party referrals are also accepted with client consent.

For more information or to register for HBHC, call Health Connection Monday through Friday, 8:30 a.m. to 4:30 p.m., at: 705-721-7520 or 1-877-721-7520.

Simcoe Muskoka Family Connexions

To work together with families, community partners and colleagues to enhance the safety and well-being of children, youth, and families 1-800-461-4236 www.familyconnexions.ca

Community Action Program for Children

These free programs for families with children ages 0-6 are open to residents of Simcoe County who currently have a low income, are newcomers to Canada, and/or are young parents.

Simcoe County CAPC includes many programs to meet the various needs of families with young children, including food skill building programs, fitness programs, New-to-Canada programs and more. The weekly Next Step program is a continuation of the MotherCare Program and provides a friendly supportive drop-in environment for mothers with children ages 0-36 months weekly at locations all around Simcoe County (siblings under 7 are also welcome to attend). The program is geared towards promoting and encouraging healthy families and child development. Participants receive support and information on a wide range of issues such as breast feeding, health, post-natal and childhood nutrition, and community resources. In addition, free grocery gift cards, nutritious foods, and other resources are provided.

To find out more call 705-733-3227 x 2236

Toll free 1-877-803-3227 or visit us at

www.facebook.com/simcoecountycapc/

Canada Prenatal Nutrition Program - MotherCare

This free prenatal program is open to residents of Simcoe County who currently have a low income, are newcomers to Canada, and/or are young parents.

The Simcoe County MotherCare Program provides friendly and supportive drop-in environment for pregnant woman weekly at locations all across Simcoe County. The program is geared towards promoting and encouraging healthy pregnancies. Participants receive support and information on a wide range of issues such as breast feeding, health, pre- and post-natal nutrition, and community resources. In addition, free grocery gift cards, nutritious foods, and prenatal vitamins are provided.

To find out more, call 705-733-3227 x 2236

Toll free 1-877-803-3227 or visit www.facebook.com/simcoecountycapc/

La Clé d'la Baie

Variety of Services to Francophone families including Childcare and Early Years programs, Mental Health services 1-877-316-6449 www.lacle.ca

Barrie Area Native Advisory Circle (BANAC)

BANAC Vision

Collectively serves as a planning organization based upon the concepts of lifelong learning, self-determination, and community participation. We are dedicated to promoting a holistic approach to address common concerns of all member communities. We will instill the importance of the Anishnaabe language, wisdom, and knowledge in all our endeavors. BANAC programs and services:

- Biinoojinsauk Child Care Centre-Midland
- Bebminot Family Wellness Program-Maapii Enji Zaagi Gaazwad Centre-Midland
- Mamaway Wiidookdaadwin Primary Health Care Team-Barrie, Orillia, Rama Long Term Care Program, Aging at Home
- Transportation Services; Feather Carrier Program
- Indigenous Care Homemaking Services; and Nanoogdwenj-Jik (Alternative Dispute Resolution = ADR) Program.
- Office Number: 705-734-1818 www.banac.on.ca

Métis Nation of Ontario

Delivers the aboriginal Healing and Wellness program for youth and adults, and the Aboriginal Healthy Babies Healthy Children program to families and children up to age 6. 705-526-6335 www.metisnation.org

Ontario Federation of Indigenous Friendship Centres

Provides Programs that promote education, economic development, children's and youth initiative, and cultural awareness. 1-800-722-9291 www.ofifc.org

Beausoleil First Nation

Services for Beausoleil members living on reserve. 705-247-2051 www.chimnissing.ca

Rama First Nation

Services for Rama members living on reserve. 705-325-3611 www.mnjikaning.ca

Native Women's Groups

Provides culture-based, CAPC and CPNP programs for Native women and their families.

705-329-7755 www.onwa.ca and 705-527-7043 www.gbnwa.ca

Parent Support Groups:

There are many local, provincial and national associations as well as a number of local parent support groups that are valuable resources for families. If you are interested in joining a local parent support group or would like more information, please speak to a member of your Early Intervention team.

PUBLIC FUNDING AND SUBSIDIES AVAILABLE TO FAMILIES

There are a variety of public and private funding sources for families in Simcoe County. The following are just some that may be available to you. For more options, we recommend that you speak with a member of your Early Intervention Team.

https://www.ctnsy.ca/Online-Resource-Centre/Funding-Finance-and-Planning.aspx

Child Care Fee Subsidy-County of Simcoe

The County of Simcoe's Children and Community Services Department provides Child Care Fee Subsidy to assist families with the cost of licensed child care. Parents must reside in the County of Simcoe or the Cities of Barrie and Orillia. Parents/Guardians must be working, attending school, fulfilling a participation agreement with Ontario Works, or in need of developmental programming for a child with special needs or to support exceptional needs where health, safety, well-being of a family member is a significant risk. For more information, contact 705-722-3132 ext.2 or visit www.simcoe.ca

Assistance for Children with Severe Disabilities (A.C.S.D.), Ontario Ministry of Children, Community and Social Services

Provides financial assistance to help some families meet the extra costs resulting from a disability. Eligibility is based on total family income, total allowable expenses, as well as the number and ages of children in the family.

http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx

Special Services at Home (S.S.A.H.), Ministry of Children, Community and Social Services

Families caring for their children at home who have a developmental or physical disability, may be eligible for Special Services at Home funding. This funding allows for developmental programming and/or parent relief. Funding is not meant to duplicate services available in the community and is based on the child's needs.

http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx

Easter Seal's Incontinence Grant

The program is for children and youth between the ages of 3 to 18 years of age with a chronic disability resulting in irreversible incontinence lasting longer than six months. Some children under the age of 3 may be eligible for funding depending on their diagnosis (for example, Spina Bifida). The grant is a contribution to the cost of supplies and may not cover all costs. The application must be completed and signed by a medical physician licensed to practice in Ontario. The child must be a resident of Ontario and hold a valid Ontario Health Card.

www.easterseals.org/services/incontinence-supplies-grant

Best Start Initiative in Simcoe County

This Program provides funding for basic home and/or vehicle modifications, and is intended to assist permanent Ontario residents with a substantial impairment expected to last one year or more, with their disability management. By reducing or elimination life safety risks these modifications enable children and adults with mobility restrictions to:

- Ensure living in their homes
- Avoid job loss
- Participate in their communities

https://www.marchofdimes.ca/En/programs/hvmp/Pages/HomeandVehicle.aspx

Respite Enhancement Funding, Ministry of Children, Community and Social Services

Provides support to families caring for a child at home with complex medical issues who is dependant on a technological devise for survival. This funding assists families in purchasing respite services. Families can contact the NSM LHIN Children's Services to determine whether their child's ca re needs meet the eligibility criteria.

http://www.children.gov.on.ca/htdocs/English/specialneeds/respite.aspx

Jennifer Ashleigh

Since our work began, JACC has helped almost 15,000 seriously ill children and their families with funding for hospital and household costs, specialized care, medical treatments and therapies.

https://jenash.org/

YOUR CHILD'S TEAM -FAMILY REFERENCE SHEET

NAME	TITLE/ DISCIPLINE	AGENCY/ ORGANIZATION	PHONE NUMBER	E-MAIL ADDRESS

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earlyintervention.simcoe.ca

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COUNTY OF SIMCOE